

natural
awakenings



intimacy retreat

VIEQUES PUERTO RICO
OCTOBER 11-13, 2019





Do you yearn for more love and intimacy
in your relationship?

...better sex

...spiritual oneness?

...a deeper connection with your partner?

Learn to express and experience your sensual love for one another, through an intimate connection that embraces your emotional and physical being as well as your spiritual wholeness. Tantra, the ancient art of love, awaits you in the beautiful island of Vieques, Puerto Rico.

Dedicate an entire weekend to learning Tantra Tai Chi, Loving Touch, Authentic Communication and much more!

give your partner the gift of a lifetime!

The All-Inclusive Exclusive Retreat (only 7 couples) includes:

- ♥ Exquisite accommodations at beautiful eco boutique hotel, Finca Victoria & Coastal Living property
 - ♥ Aphrodisiac healthy pescetarian meals made with high quality products from their farm and other local farms in Vieques and the main Island.. VEGAN OPTIONS AVAILABLE.
 - ♥ Workshop Sessions in Tantra and the Art of Conscious Relationship
 - ♥ Sensual Touch Discovery
 - ♥ Easy exercises to deepen intimacy in & out of the bedroom
 - ♥ Loving Communication Practices
 - ♥ Sacred Sexual "Homeplay" Instruction. (THERE IS NO NUDDITY OR PUBLIC SEXUAL ACTIVITY)
 - ♥ All Workshop Supplies
 - ♥ Morning Yoga [OPTIONAL]
- FRIDAY:** Welcome 3-course dinner.
- SATURDAY:** Vegetarian breakfast, lunch & 3-course dinner.
- SUNDAY:** Vegetarian breakfast

USA Today called these retreats an "Rx for Sex & Intimacy" and ABC Nightline News reported on the "Daffners' secrets for curing bedroom boredom."

workshop leaders



Diana & Richard Daffner, well-known authors of *Tantric Sex for Busy Couples* and the creators of Tantra Tai Chi. The Daffners have led Intimacy Retreats for over

20 years.

The Daffners' teachings draw on both ancient and modern understandings of intimacy. Through "homeplay" assignments, couples reinforce and personalize their training in the privacy of their rooms.

♥ intimacyretreats.com

schedule at a glance

FRIDAY

6:00 Welcome Dinner
7:00pm - 9:15pm Welcome & Intro

SATURDAY

7:00am Yoga [OPTIONAL]
8:00 - 10:00am Breakfast
10:00am - 12:00pm Workshop
12:15 - 1:30pm Lunch
1:30pm - 4:00pm Workshop
4:00pm - 8:30pm Homeplay + Dinner
8:30pm - 11:00pm Workshop

SUNDAY

7:00am Yoga [OPTIONAL]
8:00 - 11:00am Breakfast
11:00am - 1:45 pm Workshop



finca victoria

Located on a hill with wonderful cross-ventilation, surrounded by lush vegetation and the soothing symphony of the native Coqui frogs. Being on one of the highest points of the island provides us with an amazing view of sunrises and sunsets. The island has hardly any light pollution, which creates the perfect atmosphere to see the stars at night. Under the right clear-sky conditions, even the Milky Way becomes visible for stargazers to admire.

Each room has been decorated individually with attention to detail, vintage furniture and beautiful lighting. Each stands truly unique to all the others. The mattresses and sheets are made of organic cotton, and every room has its own balcony and outdoor shower. The rooms also come with homemade oils for the diffusers, homemade teas and infused water.

all rooms come with: Cooler for the beach, beach basket with picnic blanket, beach and bath towels fridge, local coffee and organic homemade tea, iron and board, blow dryer, hangers, biodegradable shampoo and conditioner, biodegradable body wash, extra blanket, daily room refresh.

want to stay an extra night?

Get 20% discount on room rate.

♥ lafinca.com

victoria suites I, II, III \$1488/♥



baez house \$1398/♥



casa nuria \$1528/♥

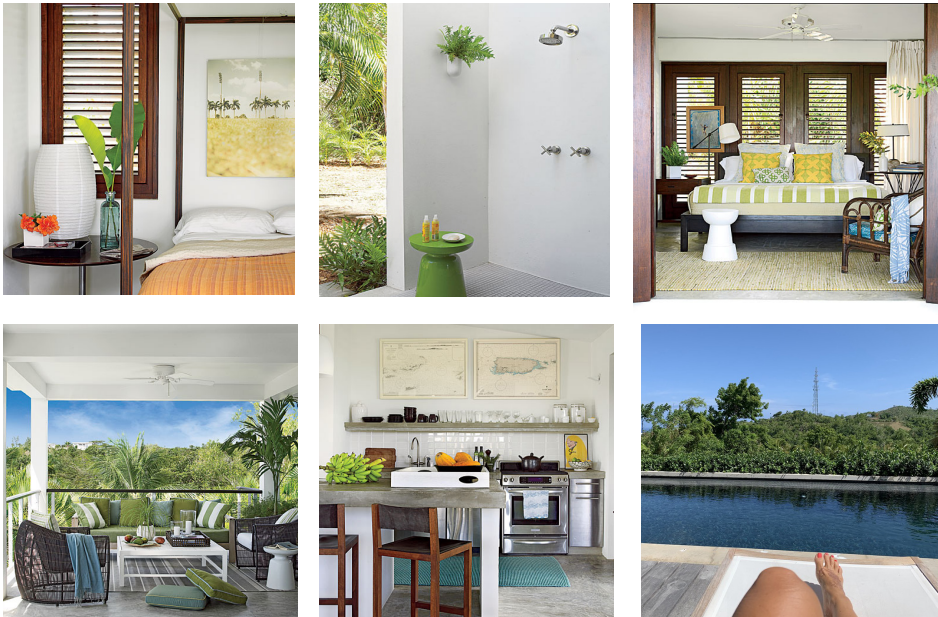


sahar's treehouse \$1398/♥



intimacy retreats provide couples with an opportunity to deepen emotional closeness, enhance physical intimacy, and awaken spiritual connection.

coastal suites I, II \$1548/♥ master suite 1648/♥ vieques puerto rico



Situated on a hilltop boasting 180-degree ocean views, the two-story modern retreat stands solitary atop a blanket of untouched greenery. Bedrooms have been designed as "sleeping porches," situating them in the home so ocean breezes can flow in and out through screened louvered doors from two sides. The neighboring baths are outfitted simply, with concrete vanities, porcelain vessel sinks, and doors that lead out to alfresco showers enclosed by three walls of stuccoed concrete. These 3 suites have a shared kitchen and breathtaking pool. Master suite is located on the second floor with magnificent views from bed and terrace. These are located next to Finca Victoria.

Vieques, one of the offshore island municipalities of Puerto Rico, is located just 7 miles off the east coast. Vieques is one of the last destinations that truly remains like the Caribbean of the past; quiet, lush, uncrowded, with unmatched natural beauty. Vieques is home to Mosquito Bay, the brightest bioluminescent bay in the world, with dozens of undeveloped beach coves where one can experience the true meaning of tropical bliss. This small Puerto Rican treasure is also home to the largest natural wildlife refuge in the Caribbean.

As you explore the island, you'll pass elegant Paso Fino horses roaming free. In Vieques there are no traffic lights, driving in Vieques is a pleasurable experience, narrow roads lead to breathtaking scenic spots, charming colorful towns, and beaches naturally landscaped free of development. Be warned, once you step foot on the beaches of Vieques, you'll be spoiled for life.

secure your getaway!

- Choose your accommodation
- Send 50% deposit via Paypal to waleska@prnatural.com
- Balance is due September 1, 2019
- Questions? Contact Waleska at 1-787-297-8818 or waleska@prnatural.com

we look forward to sharing this experience and our island with you. much love,
waleska & luis



getting to vieques

Getting to Vieques is convenient and affordable with no passport required for U.S. citizens. Take a flight from most major cities in the USA to the San Juan, Puerto Rico International Airport [SJU]. From San Juan, you have a few options for flights to Vieques:

From SJU International airport: CAPE AIR. AVG \$149 ROUNDTRIP

From San Juan Isla Grande Airport (REQUIRES TRANSFER FROM INTERNATIONAL AIRPORT TO ISLA GRANDE) to Vieques: SEABORNE AIRLINES. AVG. \$135 ROUNDTRIP

Or you can drive to Ceiba to catch the ferry for just \$4 roundtrip.